

AVAILABLE SESSIONS:

- JANUARY
- FEBRUARY
- MARCH
- APRIL
- MAY
- JUNE
- JULY
- AUGUST
- SEPTEMBER
- OCTOBER
- NOVEMBER



JUJITSU / KENPO

MARTIAL ARTS WITH AN EMPHASIS ON SELF-DEFENSE, WHILE STRESSING DISCIPLINE, TECHNIQUE, PHYSICAL FITNESS, AND MOST IMPORTANTLY, SELF RESPECT.

NAME: _____

PARENTS NAME: _____

ADDRESS: _____

PHONE: _____

MEMBER: YES [] NO []

CLASS: _____

ANCHORAGE COMMUNITY YMCA

We build strong kids, strong families,
strong communities.

5353 LAKE OTIS PKWY
ANCHORAGE , AK. 99507
(907) 563-3211

SENSEI TERRY ADLAWAN
(907) 529-2241
alaskajujitsu@yahoo.com

TIMES

TUESDAY & THURSDAY

7:30-8:30 pm (all ages)

SATURDAY

11:30-12:30 pm (youth)

COST

MEMBERS:

\$20 PER MONTH

NON-MEMBERS:

\$45 PER MONTH

